



Williamsburg, VA | Newport News, VA

# **Food Allergens & Food Intolerances**

## **MENU GUIDANCE**

Dear Guest,

This Allergy Menu is meant to serve as a guide to help our guests with food allergies & intolerances have a starting point to determine what is safe for them to eat. Please inform your server of any and ALL allergens before ordering so we may do our best to accommodate your needs. While we work hard to accommodate as many allergens as possible, some dishes may not be adjustable. Our servers utilize an in-depth document that tells them where allergens are in each dish & whether adjustments can be made to make the dish safe for you.

Allergens in red are in the dish; allergens in blue are cross-contaminants.

For ease of reading, prices & descriptions have been removed. Please refer to the main food menu(s) for additional information.

## SEASONAL APPETIZERS

Crab Norfolk  
Shellfish/Dairy

\*Blistered Ahi Tuna  
Gluten/Fish/Soy/Sesame

Berry Burrata  
Gluten/Dairy/Soy/Garlic

Pretzel Fondue  
Gluten/Dairy/Soy

Asian Sticky Ribs  
Gluten/Soy/Sesame/Onion/Garlic/Shellfish/Onion

## SIGNATURE APPETIZERS

2nd St's "Thai Poppin" Shrimp  
Gluten/Shellfish/Dairy/Egg/Soy/Garlic/Onion

Loaded Empnadas  
Gluten/Soy/Dairy/Garlic/Onion/Egg/Shellfish

2nd St's Famous O-Rings  
Gluten/Onion/Dairy/Egg/Garlic/Soy/Shellfish

2nd St's Basket O' Chips  
Dairy/Garlic/Onion/Soy/Egg/Shellfish/Gluten

Fried Green Tomatoes  
Gluten/Dairy/Egg/Soy/Onion/Garlic/Shellfish

Loaded Cornbread  
Gluten/Dairy/Egg/Onion/Soy

## SOURDOUGH FLATBREAD PIZZAS

Cauliflower Crust- Egg/Dairy/Gluten

Pancetta, Peach & Brie  
Gluten/Dairy

Chicken, Chorizo & Cheddar  
Gluten/Dairy/Soy/Onion/Garlic

Burrata Margherita  
Gluten/Dairy/Onion/Garlic/Soy

The GOAT  
Gluten/Dairy/Garlic/Onion/Soy

## SALADS & HOUSE MADE SOUPS

Crab & Corn Chowder  
Shellfish/Dairy/Onion/Garlic

Crock of French Onion  
Gluten/Onion/Soy/Dairy/Egg/Nut/Peanut

Fresh Baked Individual Quiche  
Gluten/Egg/Dairy. Must also check daily ingredients.

Curried Chicken Salad  
Gluten/Onion/Garlic/Egg/Soy

Soup & Salad Combo  
See individual items.

Honey Miso Salmon Salad  
Fish/Gluten/Sesame/Soy/Onion/Egg

Black Bean Salad  
Dairy/Onion/Soy/Egg

Summer Sweets Salad  
Dairy/Soy/Egg

Asian Chicken Lettuce Wraps  
Gluten/Soy/Garlic/Sesame/Onion/Shellfish

Quinoa Protein Bowl  
Onion/Soy/Treenut

2nd St's Chopped Salad  
Gluten/Dairy/Onion/Soy/Egg/Garlic/Shellfish

Portofino Salad  
Tree Nut/Egg/Dairy/Onion/Soy

Grilled Romaine Salad  
Gluten/Egg/Dairy/Garlic/Soy/Fish/Onion/Nut/Peanut

Fresh Field Green Side Salad  
None

### Add the following to any salad

\*Grilled Salmon - \*Bistro Steak - Crab Pile - Marinated Grilled Tofu  
Fish/Onion/Garlic    Onion/Garlic    Shellfish/Gluten/Onion/Garlic/Egg/Soy    Soy/Garlic

Thai Poppin Shrimp - Chicken Tenderloin (Grilled, Fried or Blackened)  
Shellfish/Gluten/Onion/Garlic/Egg/Dairy/Soy    Grilled: Onion, Garlic    Fried: Gluten, Soy, Onion, Garlic, Shellfish  
Blackened: Gluten, Garlic, Onion

### Sides

French Fries - Gluten/Soy/Shellfish/Onion

House Fried Chips - Garlic/Onion/Soy/Gluten/Shellfish

Mashed Potatoes - Dairy

Wild Rice Pilaf - Onion/Soy/Garlic

Garlic Bread - Gluten/Dairy/Garlic/Soy/Egg/Tree Nut

Vegetable du Jour - Garlic/Onion/Soy

Watermelon - None

Dilly Cucumbers - Onion

Old Bay Slaw - Egg/Soy

Asian Slaw - Sesame/Garlic

Mandarin Oranges - none

Asian Slaw - Garlic/Sesame

Smoked Gouda Grit Cakes-

Gluten/Dairy/Egg/Onion/Soy/Shellfish

Onion Rings - Gluten/Dairy/Egg/Onion/Soy/Shellfish

Fresh Field Green Side Salad - none

Chilled Mango Black Bean Quinoa - none

Grilled Asparagus - Garlic/Soy/Onion

Fresh Berries - None

Blue Cheese & Bacon Mashed Potatoes - Dairy

# ENTREES

## Crab Piles

Shellfish/Gluten/Soy/Egg/Dairy/Onion/Garlic

## Virginia Jambalaya

Gluten/Shellfish/Fish/Dairy/Onion/Garlic/Soy

## Bulgogi Kabobs

Soy/Sesame/Onion/Garlic/Dairy

## \*Miso Salmon Filet

Fish/Sesame/Dairy/Garlic/Onion/Soy

## Cajun Spiced Catfish

Fish/Gluten/Onion/Garlic/Soy/Egg

## 2nd St's Lasagna

Gluten/Garlic/Onion/Soy/Dairy/Egg/Nut/Treenut

## \*Prime Beef Ribeye

Dairy/Garlic/Onion/Soy

## Baby Back Ribs

Gluten/Onion/Garlic/Soy/Egg/Shellfish

## 2nd St's Shrimp & Grits

Shellfish/Gluten/Egg/Soy/Dairy/Garlic/Onion

## \*Grilled Bistro Steak

Soy/Onion/Garlic/Dairy/Shellfish/Gluten

## 2nd St's Bistro Pasta

Gluten/Dairy/Onion/Garlic/Soy

## Grilled Bison Meatloaf

Gluten/Dairy/Onion/Garlic/Soy/Fish/Shellfish

## BURGERS

All Burgers served with Lettuce, Tomato & Red Onion on a Brioche Bun

### \*2nd Street Burger

Gluten/Egg/Dairy/Soy/Onion/Treenut/Peanut

### \*Carolina Burger

Gluten/Egg/Dairy/Soy/Garlic/Onion/Treenut/Peanut

### Salmon Slammer

Fish/Gluten/Egg/Dairy/Soy/Garlic/Onion/Treenut/Peanut

### \*Smokehouse Burger

Gluten/Egg/Dairy/Soy/Garlic/Onion/Treenut/Peanut

### \*Main Street Burger

Gluten/Egg/Dairy/Soy/Onion/Treenut/Peanut

\*See Extended Allergy Log for Individual Cheese Allergens

### Veggie Burger

Gluten/Egg/Dairy/Soy/Onion/Garlic/Treenut/Peanut/Shellfish

## Looking for healthier options?

Substitute Marinated Grilled Tofu or a Turkey Patty

Soy/Garlic

Onion/Garlic/Dairy/Soy

## WRAPS & SANDWICHES

Noted (●) items are only available Tuesday - Saturday, 11:30am - 3pm.

### Smoked Brisket Dip

Gluten/Soy/Garlic/Onion/Dairy

### Crab Cake Sandwich

Shellfish/Gluten/Dairy/Onion/Garlic/Soy/Egg/Treenut/Peanut

### ● 2<sup>nd</sup> St's Reuben

Gluten/Dairy/Onion/Garlic/Soy/Egg

### ● Fried Bologna Sandwich

### ● Cheesy Garlic Grilled Cheese

Gluten/Garlic/Dairy/Soy

### ● Classic BLT

Gluten/Dairy/Garlic/Soy/Egg

### ● Cajun Catfish Po'Boy

Fish/Gluten/Soy/Egg/Garlic/Onion

### ● Classic 2nd St Chicken Wrap

Gluten/Egg/Dairy/Garlic/Onion/Soy/Shellfish

### ● Thai Poppin' Shrimp Wrap

Shellfish/Gluten/Egg/Dairy/Onion/Garlic/Soy

### ● Chicken Salad Wrap

Gluten/Garlic/Onion/Soy/Egg

## BRUNCH

Available Sundays 11:30-3

### Homestyle Breakfast

Egg/Dairy/Gluten/Onion/Garlic/Soy

### Chicken & Waffles

Gluten/Soy/Dairy/Egg/Soy/Onion/Garlic/Shellfish/Fish

### Chesapeake Benedict

Shellfish/Egg/Dairy/Gluten/Onion/Garlic/Soy

### Butter Pecan French Toast

Treenut/Gluten/Dairy/Egg/Soy

### Smoked Brisket Hash

Gluten/Egg/Soy/Garlic/Onion

### Waffles & Berries

Gluten/Soy/Egg/Dairy

### Creamy Cheese Grits

Dairy

### Applewood Smoked Bacon

None

### Breakfast Sausage

None

### 2 Eggs Any Style

Egg

### Fresh Baked Biscuit

Dairy/Gluten

### Single Waffle w/Berries

Dairy/Gluten

### Biscuit w/Sausage Gravy

Gluten/Dairy/Soy

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Please inform your server of any Allergies, Gluten Free, Dietary Restrictions or Preferences you have.  
In the event 2nd St is unaware of any special accommodations in advance, items already prepared or in preparation will be billable.