



Williamsburg, VA | Newport News, VA

Food Allergens & Food Intolerances

MENU GUIDANCE

Dear Guest,

This Allergy Menu is meant to serve as a guide to help our guests with food allergies & interolances have a starting point to determine what is safe for them to eat. Please inform your server of any and ALL allergens before ordering so we may do our best to accommodate your needs. While we work hard to accommodate as many allergens as possible, some dishes may not be adjustable. Our servers utilize an in-depth document that tells them where allergens are in each dish & whether adjustments can be made to make the dish safe for you.

Allergens in red are in the dish; allergens in blue are cross-contaminants.

For ease of reading, prices & descriptions have been removed. Please refer to the main food menu(s) for additional information.

SEASONAL APPETIZERS

*Blistered Ahi Tuna
Gluten/Fish/Soy/Sesame

Mozzarella Burrata
Dairy/Gluten/Soy/Onion/Garlic

Pretzel Fondue
Gluten/Dairy/Soy

Asian Sticky Ribs
Gluten/Soy/Sesame/Onion/Garlic/Shellfish

Duck Rangoons
Gluten/Dairy/Onion/Garlic/Egg/Soy/Shellfish

SIGNATURE APPETIZERS

2nd St’s “Thai Poppin” Shrimp
Gluten/Shellfish/Dairy/Egg/Soy/Garlic/Onion

2nd St’s Famous O-Rings
Gluten/Onion/Dairy/Egg/Garlic/Soy/Shellfish

2nd St’s Basket O’ Chips
Soy/Egg/Shellfish/Gluten

Fried Brussel Sprouts
Soy/Egg/Garlic/Onion/Gluten/Shellfish

Loaded Cornbread
Gluten/Dairy/Egg/Onion/Soy

GRILLED FLATBREAD PIZZAS

Cauliflower Crust- Egg/Dairy/Gluten

Pig & Fig
Gluten/Dairy/Onion/Soy

Chicken Bacon Ranch
Gluten/Dairy/Soy/Onion/Garlic

Creamy Artichoke & Broccoli
Gluten/Dairy/Onion/Soy

The GOAT
Gluten/Dairy/Garlic/Onion/Soy

SALADS & HOUSE MADE SOUPS

Crab & Corn Chowder
Shellfish/Dairy/Onion

Crock of French Onion
Gluten/Onion/Soy/Dairy/Egg/Nut/Peanut

Split Pea & Bacon
Onion/Soy

Fresh Baked Individual Quiche
Gluten/Egg/Dairy. Must also check daily ingredients.

Mediterranean Chicken Salad

Soup & Salad Combo
See individual items.

White Bean Salad
Dairy/Soy

Roasted Beet Salad
Nuts/Egg/Dairy

Asian Chicken Lettuce Wraps
Gluten/Soy/Garlic/Sesame/Onion/Shellfish

Fresh Field Green Side Salad
None

2nd St's Chopped Salad
Gluten/Dairy/Onion/Soy/Egg/Garlic/Shellfish

Portofino Salad
Tree Nut/Egg/Dairy/Onion/Soy

Grilled Romaine Salad
Gluten/Egg/Dairy/Garlic/Soy/Fish/Onion/Nut/Peanut

Add the following to any salad

*Grilled Salmon - Fish/Onion/Garlic *Bistro Steak - Onion/Garlic Crab Pile - Shellfish/Gluten/Onion/Garlic/Egg/Soy Marinated Grilled Tofu Soy/Garlic

Thai Poppin Shrimp - Shellfish/Gluten/Onion/Garlic/Egg/Dairy/Soy Chicken Tenderloin (Grilled, Fried or Blackened) Grilled: Onion, Garlic Fried: Gluten, Soy, Onion, Garlic, Shellfish Blackened: Gluten, Garlic, Onion

Sides

French Fries - Gluten/Soy/Shellfish/Fish

House Fried Chips -
Garlic/Onion/Soy/Gluten/Shellfish/Fish

Mashed Potatoes - Dairy

Brown Rice Pilaf - Soy/Onion/Garlic

Garlic Bread - Gluten/Dairy/Garlic/Soy/Egg/Tree Nut

Dilly Cucumbers - Onion

Jicama-Cider Slaw - Soy/Egg/Onion/Garlic

Mandarin Oranges - none

Asian Slaw - Garlic/Sesame

Smoked Gouda Grit Cakes-

Gluten/Dairy/Egg/Onion/Soy/Shellfish/Fish

Roasted Beets- None

Onion Rings - Gluten/Dairy/Egg/Onion/Soy/Shellfish/Fish

Fresh Field Green Side Salad - none / See Dressing

ENTREES

Crab Piles

Shellfish/Gluten/Soy/Egg/Dairy/Onion/Garlic

Pork Porterhouse

Gluten/Onion/Garlic/Soy/Dairy/Egg

Virginia Jambalaya

Gluten/Shellfish/Dairy/Onion/Garlic/Soy

White Bean Cassoulet

Gluten/Dairy/Onion/Garlic/Soy/Tree Nut/Peanut

Ashley Farms Chicken

Dairy/Onion/Garlic/Soy/Gluten/Shellfish

Cajun Spiced Catfish

Fish/Gluten/Egg/Onion/Garlic/Soy

Baby Back Ribs

Gluten/Onion/Garlic/Soy/Egg/Shellfish

2nd St’s Shrimp & Grits

Shellfish/Gluten/Egg/Soy/Dairy/Garlic/Onion

*Grilled Bistro Steak

Soy/Onion/Garlic/Dairy/Shellfish/Gluten

*Citrus-Herb Grilled Salmon

Fish/Garlic/Onion/Soy

2nd St’s Bistro Pasta

Gluten/Dairy/Onion/Garlic/Soy

Grilled Bison Meatloaf

Gluten/Dairy/Onion/Garlic/Soy/Fish/Shellfish

2nd St’s Lasagna

Gluten/Garlic/Onion/Soy/Dairy/Egg/Nut/Treenut

WRAPS & SANDWICHES

Noted items are only available Tuesday - Saturday, 11:30am - 3pm.

Smoked Brisket Dip

Gluten/Soy/Garlic/Onion/Dairy

2nd St’s Reuben

Gluten/Dairy/Onion/Garlic/Soy/Egg

Sweet & Spicy Chicken Sandwich

Gluten/Dairy/Onion/Garlic/Soy/Egg/Shellfish/Treenut/Peanut

Cajun Catfish Po’ Boy

Gluten/Fish/Onion/Garlic/Soy/Egg

Crab Cake Sandwich

Gluten/Dairy/Onion/Garlic/Soy/Egg/Shellfish/Treenut/Peanut

● Cheesy Garlic Grilled Cheese

Gluten/Garlic/Dairy/Soy

● Classic BLT

Gluten/Dairy/Garlic/Soy/Egg

● Grilled Tofu “Bun Me”

Gluten/Soy/Sesame/Garlic/Dairy/Egg/Treenut/Peanut

● Classic 2nd St Chicken Wrap

Gluten/Egg/Dairy/Garlic/Onion/Soy/Shellfish/Fish

● Thai Poppin’ Shrimp Wrap

Shellfish/Gluten/Egg/Dairy/Onion/Garlic/Soy/Fish

● Mediterranean Chicken Salad Wrap

Gluten/Garlic/Onion/Soy/Egg

BRUNCH

Available Sundays 11:30-3

Homestyle Breakfast

Egg/Dairy/Gluten/Onion/Garlic/Soy

Biscuit & Gravy

Gluten/Dairy/Soy

Chicken & Waffles

Gluten/Soy/Dairy/Egg/Soy/Onion/Garlic/Shellfish

Chesapeake Benedict

Shellfish/Egg/Dairy/Gluten/Onion/Garlic/Soy

Corned Beef Benedict

Gluten/Egg/Soy/Onion/Garlic/Dairy

Carrot Cake Pancakes

Gluten/Soy/Dairy/Egg/Treenut

*Smoked Brisket Hash

Gluten/Soy/Egg/Onion

Cinnamon Apple Waffles

Gluten/Soy/Egg/Dairy/Nut

Creamy Cheese Grits

Dairy

Applewood Smoked Bacon

None

Breakfast Sausage

None

Seasoned Breakfast Potatoes

Gluten/Soy

2 Eggs Any Style

Egg

Fresh Baked Biscuit

Dairy/Gluten

Single Waffle w/Cinnamon Apple Compote

Gluten/Soy/Dairy/Egg/Nut

Sausage Gravy

Gluten/Dairy/Soy