

Williamsburg, VA | Newport News, VA

Food Allergens & Food Intolerances

MENU GUIDANCE

Dear Guest,

This Allergy Menu is meant to serve as a guide to help our guests with food allergies & intolerances have a starting point to determine what is safe for them to eat. Please inform your server of any and ALL allergens before ordering so we may do our best to accommodate your needs. While we work hard to accommodate as many allergens as possible, some dishes may not be adjustable. Our servers utilize an indepth document that tells them where allergens are in each dish & whether adjustments can be made to make the dish safe for you. The children's menu is also available with these notations.

Allergens in red are in the dish; allergens in blue are cross-contaminants.

For ease of reading, prices & descriptions have been removed. Please refer to the main food menu(s) for additional information.

SEASONAL APPETIZERS

Crab Norfolk Shellfish/Dairy

*Blistered Ahi Tuna Gluten/Fish/Soy/Sesame

Burrata Bruschetta Dairy/Gluten/Soy/Garlic

> Pretzel Fondue Gluten/Dairy/Soy

Asian Sticky Ribs Gluten/Soy/Sesame/Onion/Garlic/Fish/Shellfish

SIGNATURE APPETIZERS

2nd St's "Thai Poppin" Shrimp Gluten/Shellfish/Dairy/Egg/Soy/Garlic/Onion/Fish

2nd St's Famous O-Rings Gluten/Onion/Dairy/Egg/Garlic/Soy/Shellfish/Fish

2nd St's Basket O' Chips Dairy/Garlic/Onion/Soy/Egg/Shellfish/Fish/Gluten

Fried Green Tomatoes Gluten/Dairy/Egg/Soy/Onion/Garlic/Shellfish/Fish

Pickle Fries Gluten/Soy/Dairy/Egg/Onion/Shellfish/Fish

> Loaded Cornbread Gluten/Dairy/Egg/Onion/Soy

GRILLED FLATBREAD PIZZAS

Cauliflower Crust- Egg/Dairy

Pig & Fig Gluten/Dairy/Onion/Soy

Spicy BBQ Chicken Gluten/Dairy/Soy/Onion/Garlic 2nd St's Caprese Gluten/Dairy/Onion/Soy/Garlic

The GOAT Gluten/Dairy/Garlic/Onion/Soy

SALADS & HOUSE MADE SOUPS

Crab & Corn Chowder Shellfish/Dairy/Onion Crock of French Onion Gluten/Onion/Soy/Dairy/Egg/Nut/Peanut Fresh Baked Individual Quiche Gluten/Egg/Dairy. Must also check daily ingredients. Orange Rosemary Chicken Salad Gluten/Onion/Garlic/Egg/Soy

Soup & Salad Combo

Carolina Grecian Salad Dairy/Soy Asian Chicken Lettuce Wraps Gluten/Soy/Garlic/Sesame/Onion/Shellfish/Fish

> Fresh Field Green Side Salad None

2nd St's Chopped Salad Gluten/Dairy/Onion/Soy/Egg/Garlic/Shellfish/Fish

> Portofino Salad Tree Nut/Egg/Dairy/Onion/Soy

See individual items.

Quinoa Veggie Bowl

Onion/Soy/Treenut

Grilled Romaine Salad

Gluten/Egg/Dairy/Garlic/Soy/Fish/Onion/Nut/Peanut

Add the following to any salad

*Grilled Salmon - *Bistro Steak - Crab Pile - Marinated Grilled Tofu ^{Soy/Garlic} Fish/Onion/Garlic Onion/Garlic Shellfish/Gluten/Onion/Garlic/Egg/Soy Thai Poppin Shrimp - Chicken Tenderloin (Grilled, Fried or Blackened) Shellfish/Gluten/Onion/Garlic/Egg/Dairy/Soy Grilled: Onion, Garlic Fried: Gluten, Soy, Onion, Garlic, Shellfish Blackened: Gluten, Garlic, Onion

<u>Sides</u>

French Fries - Gluten/Soy/Shellfish/Fish House Fried Chips -Garlic/Onion/Soy/Gluten/Shellfish/Fish Mashed Potatoes - Dairy Wild Rice Pilaf - Onion/Soy/Garlic Garlic Bread - Gluten/Dairy/Garlic/Soy/Egg/Tree Nut Dilly Cucumbers - Onion Veggie Slaw - Egg/Soy/Onion/Garlic Mandarin Oranges - none Asian Slaw - Garlic/Sesame Smoked Gouda Grit Cakes-Gluten/Dairy/Egg/Onion/Soy/Shellfish/Fish Onion Rings - Gluten/Dairy/Egg/Onion/Soy/Shellfish/Fish Fresh Field Green Side Salad - none Chilled Mango Lime Quinoa - none Garlic Butter Grilled Asparagus - Dairy/Garlic/Soy/Onion Fresh Berries - None Creamy Mackin' Cheese - Gluten/Dairy

<u>ENTREES</u>

Crab Piles Shellfish/Gluten/Soy/Egg/Dairy/Onion/Garlic

Virginia Jambalaya Gluten/Shellfish/Dairy/Onion/Garlic/Soy

*Citrus-Herb Grilled Salmon Fish/Shellfish/Gluten/Garlic/Onion/Soy

*Poke Bowl Fish/Gluten/Onion/Garlic/Soy/Sesame

*Chipotle Grilled Pork Ribeye Onion/Garlic/Soy

> Grilled Tofu Onion/Garlic/Soy/Dairy

Fried Tenders & Mac Gluten/Dairy/Onion/Garlic/Soy

BURGERS

All Burgers served with Lettuce, Tomato ${\mathcal O}$ Red Onion on a Brioche Bun

*Bacon & Blue Cheese Lover's Burger Gluten/Egg/Dairy/Soy/Onion/Treenut/Peanut

*2nd Street Burger Gluten/Egg/Dairy/Soy/Onion/Treenut/Peanut *Carolina Burger Gluten/Egg/Dairy/Soy/Garlic/Onion/Treenut/Peanut Salmon Slammer Fish/Gluten/Egg/Dairy/Soy/Garlic/Onion/Treenut/Peanut *Smokehouse Burger Gluten/Egg/Dairy/Soy/Garlic/Onion/Treenut/Peanut *Main Street Burger Gluten/Egg/Dairy/Soy/Onion/Treenut/Peanut Veggie Burger

Looking for healthier options?

Substitute Marinated Grilled Tofu or a Turkey Patty Soy/Garlic Onion/Garlic/Dairy/Soy Baby Back Ribs Gluten/Onion/Garlic/Soy/Egg/Shellfish

2nd St's Shrimp & Grits Shellfish/Gluten/Egg/Soy/Dairy/Garlic/Onion/Fish

*Grilled Bistro Steak Soy/Onion/Garlic/Dairy/Shellfish/Gluten/Fish

> 2nd St's Bistro Pasta Gluten/Dairy/Onion/Garlic/Soy

Grilled Bison Meatloaf Gluten/Dairy/Onion/Garlic/Soy/Fish/Shellfish

2nd St's Lasagna Gluten/Garlic/Onion/Soy/Dairy/Egg/Nut/Treenut

WRAPS & SANDWICHES

Noted items are only available Tuesday - Saturday, 11:30am - 3pm. Sweet & Spicy Chicken Sandwich Gluten/Dairy/Onion/Garlic/Soy/Egg/Shellfish/Fish/Treenut/Peanut

Fried Fish Sandwich Fish/Gluten/Soy/Egg/Garlic/Onion

Crab Cake Sandwich Gluten/Dairy/Onion/Garlic/Soy/Egg/Shellfish/Treenut/Peanut/Fish

> Smoked Brisket Dip Gluten/Soy/Garlic/Onion/Dairy

• 2nd St's Reuben Gluten/Dairy/Onion/Garlic/Soy/Egg

• Southern Pimento Cheese Dairy/Soy/Onion/Garlic/Egg

• Cheesy Garlic Grilled Cheese Gluten/Garlic/Dairy/Soy

> • Classic BLT Gluten/Dairy/Garlic/Soy/Egg

• Classic 2nd St Chicken Wrap

Gluten/Egg/Dairy/Garlic/Onion/Soy/Shellfish/Fish

• Thai Poppin' Shrimp Wrap Shellfish/Gluten/Egg/Dairy/Onion/Garlic/Soy/Fish

> •Chicken Salad Wrap Gluten/Garlic/Onion/Soy/Egg

BRUNCH

Available Sundays 11:30-3

Homestyle Breakfast Egg/Dairy/Gluten/Onion/Garlic/Soy

> Waffles & Berries Gluten/Soy/Egg/Dairy

Chicken & Waffles

Creamy Cheese Grits Dairy Applewood Smoked Bacon

None

Gluten/Soy/Dairy/Egg/Soy/Onion/Garlic/Shellfish/Fish

Quinoa Berry Bowl

Dairy

Brunch Bowl Gluten/Egg/Soy/Onion Chesapeake Benedict Shellfish/Egg/Dairy/Gluten/Onion/Garlic/Soy

> Corned Beef Benedict Gluten/Egg/Soy/Onion/Garlic/Dairy

Bruschetta Benedict Gluten/Egg/Dairy/Soy/Garlic Breakfast Sausage None 2 Eggs Any Style Egg Fresh Baked Biscuit Dairy/Gluten Single Waffle w/Berries Dairy/Gluten Biscuit w/Sausage Gravy Gluten/Dairy/Soy

06/06/25

Please inform your server of any Allergies, Gluten Free, Dietary Restrictions or Preferences you have. In the event 2nd St is unaware of any special accomodations in advance, items already prepared or in preparation will be billable.